

# Workforce Development

Behavioral Health Task Force

December 18, 2015

Division of Prevention and Behavioral Health Services

Department of Services for Children, Youth and their Families

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**DIVISION VISION: RESILIENT CHILDREN AND FAMILIES LIVING IN  
SUPPORTIVE COMMUNITIES.**



# Residents and Fellows

## DPC Residents

- ▶ Rotation started in 1988
- ▶ One Full-Time Second Year Resident M-F at Terry Children's Center
  - Provide coverage for 8 months/year
- ▶ Two Senior Residents, either in their third or fourth year, 1 day/week at Terry Children's Center
- ▶ Fourth Year Resident (Can choose to do an elective rotation at Terry Children's Center)
  - Current Academic Year one fourth year Resident did a 2 month Elective Rotation

## Jefferson Child Psychiatry Fellowship

- ▶ Year-long rotation with three Fellows from the second year class who graduate after their year ends.
- ▶ Work half-days in Terry Children's Center M, T, R & F. Wednesday is their teaching day.
- ▶ Evaluations for all age ranges with a focus on children age 10 and under.
- ▶ Crisis Unit Psychiatric Evaluations

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# Telepsychiatry

Clients served since implementing telepsychiatry

Facility	Total Clients	Total Visits
People's Place	26	115
Stevenson House Detention Center	97	312

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# Work Force Development

## Direct Service

- ▶ DPBHS has long supported training programs within Terry Children's Center and the Child Assessment Unit.
  - Both programs offer American Psychological Association (APA) Pre-Doctoral Clinical Internships and Terry Children's Center also offers graduate clinical training for graduate programs in psychology (e.g. U of Delaware) and psychiatry (Thomas Jefferson University, DPC Resident program).
  - Areas in which advanced training is offered are those identified as being priorities by the Delaware Health Care Commission (e.g. child psychiatry, child psychology, expertise in working with low SES – highly complex children, trained expertise in evidenced-based treatments, etc.)

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# Work Force Development

## Direct Service - continued

- ▶ In the last 12 years, 15 pre-doctoral interns who completed their training at either TCC or CAS have provided services within Delaware.
- ▶ Interns provide a high quality of service in a very cost-efficient fashion, providing many hours of direct service for relatively few hours of supervision and administrative oversight.
- ▶ Expanding funding for additional intern positions or adding a post-doc position through the use of a seasonal casual positions would result in additional services for children and families and with the post-doc position likely resulting in a higher retention of trained doctoral level staff in Delaware.

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# Master of Social Work (MSW)

A [Master of Social Work \(MSW\)](#) prepares students for a leadership role in the care and advocacy of clients that may include individuals, families, organizations and communities. An MSW degree provides the skills needed to perform clinical assessments, advocate for entitlements, provide education and resources, offer clinical counseling and manage a large caseload of complex cases. MSW graduates understand the requirements of a supervisory role, direct clinical programs and serve on community committees and develop social welfare policies.

[www.socialworklicensemap.com](http://www.socialworklicensemap.com)

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# Requirement for Clinical Social Work License

- ▶ Internship 4 semesters in a Social Work Program
- ▶ National Association of Social Work Boards Exam
- ▶ 1,600 hours of professional supervision post(MSW)
- ▶ 3,200 practice hours post MSW.
- ▶ Supervised by Social Workers, master's level degree social worker (MSW), licensed psychologist, or a licensed psychiatrist

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# Licensed Professional Counselor of Mental Health (LPCMH)

- ▶ A Master in Counseling will prepare you for a variety of counseling options including marriage and family therapy, rehabilitation counseling, vocational counseling, mental health counseling and substance abuse counseling. Students in Master in Counseling degree programs study counseling theories and techniques, psychological testing, ethics, research, cultural perspectives and psychological development.

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# Licensed Professional Counselor of Mental Health (LPCMH)

- ▶ National Board for Certified Counselors (NBCC)
- ▶ Mental Health Counseling 3200 hours
- ▶ Direct Supervision hours 1600
- ▶ All hours must span between 2 and 4 years.

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# Building the Work Force

- ▶ Opportunities for internships at all levels
- ▶ Allowing flexibility in the workplace for shared learning experiences
- ▶ Seeking opportunities for tuition reimbursement
- ▶ Statewide Loan Forgiveness

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# Thank you!

