# DPBHS Behavioral Health System in the DYRS Facilities

## Staffing

### Ferris School for Boys

2 psychologists

Contracted psychiatrist

Contracted part-time therapist

#### New Castle Co. Detent. Center

2 psychologists

1 substance use specialist

Contracted psychiatrist

### Residential Cottages

1 psychologist

1 masters level clinician

Contracted psychiatrist

#### Stevenson House Detent. Center

1 psychologist

1 substance use specialist

Contracted telepsychiatrist

## **2015 Data**

- For admissions to Ferris during the 2015 calendar year:
  - 90% of youth had a mental health diagnosis
  - 96% of youth had a substance use diagnosis
  - 86% of youth had both a mental health and a substance use diagnosis

## Services Provided Across the Facilities

#### Detention:

- Review of behavioral health screenings for all youth
- Ongoing, supportive counseling
- Recommendations for treatment in the community
- Collaborate to meet requirements for accreditation (ACA, PbS)
- Residential (Cottages and Ferris):
  - Assessment for behavioral health issues
  - Trauma-focused treatment
  - Individual, family, and group therapy
  - Participate in treatment and discharge planning

- Suicide risk assessments
- Psychiatry/medication management
- Assessment for substance use issues

## Gaps

- How do we ensure youth get the services we recommend when they return to the community?
- ► Getting time to conduct treatment
- Recruiting/retention